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### Jalsat-ul-Istirahah

The third question of Fatwa no. 4830

**Q 3: Is it permissible for the Imam to assume Jalsat-ul-Istirahah (a brief sitting after the second prostration of the first and third Rak`ah before standing position in a prayer) while the Ma'mums (persons being led by an Imam in Prayer) do not do it or do both of them have to do it?**

**A:** Jalsat-ul-Istirahah is an act of Sunnah in Salah for the Imam, Ma'mum, and the person offering prayer individually. Since, following the Imam is obligatory and preceding him is Haram (prohibited), the Ma'mum should assume Jalsat-ul-Istirahah so that he would not precede the Imam.

May Allah grant us success! May peace and blessings be upon our Prophet Muhammad, his family and Companions!

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