



(Part No : 8, Page No: 75)

The first question of Fatwa no. 11095

Q: I have a married sister who always faints when she stands for Salah (Prayer); is she permitted to pray while sitting?

A: Standing is an essential requirement for the validity of the obligatory Salah. However, if your sister is unable to pray standing, she may pray while assuming a sitting position. This is based on the Qur'anic Ayah (verse) in which Allah (may He be Exalted) says, [\(So keep your duty to Allâh and fear Him as much as you can\)](#) The Prophet (peace be upon him) also says, [\(When I command you to do anything, do of it as much as you possibly can.\)](#) There is nothing wrong with her praying while sitting in case she is offering a supererogatory Salah even if she is able to pray while standing. However, a person who offers a supererogatory Salah while sitting despite being able to do so while standing will receive half reward.

Permanent Committee for Scholarly Research and Ifta'

Member	Committee Deputy Chairman	The Chairman
`Abdullah ibn Ghudayyan	`Abdul-Razzaq `Affify	`Abdul-`Aziz ibn `Abdullah ibn Baz