



What should be said at times of adversity

Sixth question of Fatwa No. 8860

Q 6: I live with my parents, brothers, and sisters. We all love and respect each other; Praise be to Allah. I love my family very much and this makes me very worried when any member of my family falls sick to the extent that I can not speak of any thing. I only sometimes make Du`a' (supplication) but at other times I keep silent. I often think that one of them may die at any time and I fear sedition and non-ability to be patient, may Allah protect us. I would like your Eminence to give me some advice in this regard that I shall never forget.

(Part No : 8, Page No: 338)

A: Our advice to you is to say at times of adversity: "Inna Li-l-Lahi Wa Inna Elayhi Raji'un; Allahumma 'Ajurni Fi Musibati Wa-Khluf Li Khayran Minha, meaning, to Allah we belong and unto Him is our return. O Allah! Recompense me for my affliction and replace it for me with something better." We also advise you to refer to the book of Al-Adhkar by Imam Al-Nawawy (may Allah be Merciful with him) and Tuhfat Al-Akhyar Fil-Ad`iyah Wa-l-Adhkar by `Abdul `Aziz ibn `Abdullah ibn Baz

May Allah grant us success! May peace and blessings be upon our Prophet Muhammad, his family, and Companions!

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